IOWA SUMMER MUSIC CAMPS 2022  
MENTAL HEALTH POLICIES AND PROTOCOLS

As part of the ISMC registration process, parents/guardians are required to provide health information about medical issues/concerns and prescription medications their child takes.

Prior to the start of camp, a database of health-related information is created and shared with the Health Counselor and Camp Director for reference throughout the program. During the on-site registration process on the first day of each camp week, the Health Counselor visits with each parent/guardian and their child to confirm the health information they provided is current and accurate. They also ask if there are other health concerns (including mental health) that are not accounted for on the health information they provided. This information is kept confidential unless it is determined it is in the best interest of the safety of the student and other campers that other ISMC counselors and faculty be informed.

All ISMC counselors and faculty will be asked to review the mental health information and resources available at: https://mentalhealth.uiowa.edu/ui-support-and-crisis-line.

If during the course of our summer program a student is identified as potentially struggling with a mental health issue, the Director will meet with the student and if necessary, contact the student’s parents to inform them of the situation and to seek guidance for a course of action. In the event of an emergency, the student will be taken to UIHC Emergency Department for assessment. No member of the ISMC camp faculty or staff will attempt to provide the student with counseling or care beyond that required to arrange for professional assistance.

Students at camp are required to bring their own medications, and it has been the tradition that the Health Counselor collect and administer the medications during each week of camp.

During each camp orientation session, campers will be encouraged to seek help if they experience mental health difficulties or if they observe a fellow camper struggling with a possible mental health issue.

Students who are ill and request to remain in their rooms will be assessed by an appropriate medical expert. Supervision of the ill student will be arranged by the camp director.

Camp staff who witness campers exhibiting behaviors of concern will report the behavior in one of two ways.

1. Call the UI Police dispatch number at (319) 335-5022; or
2. Contact the university’s Threat Assessment and Care Team at (319) 384-2955 or uitat@uiowa.edu or hr.uiowa.edu/tat. To make an anonymous report go to uiowa.me/threat-assessment.
Behaviors of concern may include:
• Unusual communication or threat to harm others
• Desperation, hopelessness, or suicidal thoughts
• Unusual fixation on stressful events or losses
• Inappropriate interest in weapons, mass attacks, or violence
• Suggestion of violence as a solution to a problem